

S.T.A.R.S.

Supporting Tears, Anger, Remembrance and Sadness



An eight week in-school grief support group for students who:

Have Experienced the Death of a Loved One

- The death should not be too recent — at least 4-6 weeks prior to start of group.
- A death one, two or more years prior is OK because we understand the long-term effects of a loss on young people.

Are Seeking Support From Peers and Professionals

- Groups are co-facilitated by a counselor from Western Reserve Grief Services and a staff member (counselor, nurse, psychologist, etc.) from your school.
- Groups consist of 4-10 students, grouped together by age/grade ranges.

Can Make a Commitment

- Regular attendance is important for the group to succeed. S.T.A.R.S. groups are closed. No students are admitted after group series begins.
- Program consists of eight consecutive sessions.
- Group appropriate behavior is expected; special needs students will be considered on a case-by-case basis.

Complete and Return

- Letter of Parent/Guardian Consent

**For more information, please call 216.486.6838
or email thebereavementcenter@hospicewr.org.**