Support Groups

FALL 2019

Bereavement Support Groups
Unless otherwise noted, our support groups are open to anyone who has had a loved one die. Groups are subject to change. Please call to verify time and location.

The Aftermath: Grief & the Conflicted Relationship
SPECIAL This is a four-week series exploring the feelings of grief due to a conflicted relationship. Registration is required.
Lakeshore Campus
Monday, October 7 – 28, 6 to 7:30 p.m. Register by October 1
Tensie Holland 216.383.3741

Circle of Hope
SERIES An educational support group for adults who have had a loved one die. Please call the facilitator listed below for more information. Registration is required no later than a week prior to start date.
Ashtabula Office
Wednesdays, October 30 – November 27, 10 to 11:30 a.m.
Susan Hamme 440.596.3582

The Elisabeth Severance Prentiss Bereavement Center
Thursdays, September 12 – October 17, 6 to 7:30 p.m.
Shawn Eigenbrode 216.486.6364

The Robertson Bereavement Center
Thursdays, September 26 – October 31, 6:30 to 8 p.m.
JoDee Coulter 330.662.4240

Solon
Advent Lutheran Church
5525 Harper Road, Solon
Thursdays, October 10 – November 14, 6:30 to 8 p.m.
Margaret Bossaller 330.241.6282

West Campus
Mondays, September 16 – October 21, 6:30 to 8 p.m.
Judy Beckman 440.414.1731

Circle of Hope
Art Therapy Edition
SERIES Six-week art and educational support group for adults who have had a loved one die.
The Elisabeth Severance Prentiss Bereavement Center
Wednesdays, October 23 – November 27, 10 a.m. to Noon
Mollie Borgione 216.486.6544 or mborgione@hospicewr.org

Restoring Hope: When a Loved One Dies From an Overdose
SERIES Six-week group for those adults who have had a loved one die from an overdose. Registration is required.
The LCADA Way
Avon Lake Wellness Center
525 Avon Belden Road, Suite 1, Avon Lake
Thursdays, October 17 – November 21, 6:30 to 8 p.m.
Register by October 11
Judy Beckman 440.414.1731

Hope & Healing
MONTHLY An on-going monthly support group for grieving adults. Registration is not required. Please call facilitator for more information.

Lakeshore Campus
Third Tuesday of the month, *NEW DAY* 6 to 7:30 p.m.
April Ratcliffe 216.383.3782

The Robertson Bereavement Center
Second Tuesday of the month, 3 to 4 p.m.
JoDee Coulter 330.662.4240

East Side
Mentor Public Library
8215 Mentor Avenue, Mentor
First Tuesday of the month, *NEW DAY* 10 to 11 a.m.
Lisa Florjancic 440.853.5365

Portage County
United Church of Christ
1400 E. Main Street, Kent
Second Tuesday of the month, 1 to 2:30 p.m.
Margaret Bossaller 330.241.6282

Parent Loss
MONTHLY For adults adjusting to life after the death of one or both parents.
West Campus
Second Tuesday of the month, 6:30 to 8 p.m.
Judy Beckman 440.414.1731

Parents Together
MONTHLY For parents who have experienced the death of an adult child.
Lakeshore Campus
Second Wednesday of the month, 2:30 to 4 p.m.
Shawn Eigenbrode 216.486.6364

Hopeful Hearts
MONTHLY For anyone age 60 and over who has experienced the death of someone special in the past two years.
Avon Lake
Holy Spirit Parish Center
410 Lear Road, Avon Lake
Fourth Tuesday of the month, 1 to 2:30 p.m.
Mary Ellen Jordan 440.414.1737

Child Loss
NEW For parents who’ve experienced the death of a child aged 18 or younger. This is an opportunity to focus on your grief, find support, and feel community with those who have experienced similar loss. Please call to register.
West Campus
First Wednesday of the month, 6 to 7:30 p.m.
Elizabeth Mason 440.414.6781 or emason@hospicewr.org

Women’s Workshop
SPECIAL A periodic workshop for women who have lost their partner, significant other or spouse. Please call for date and to register.
Panera Bread
19705 Center Ridge Road, Rocky River
6 to 8 p.m.
Judy Beckman 440.414.1731
THE ELISABETH SEVERANCE PRENTISS BEREAVEMENT CENTER
300 East 185th Street
Cleveland, OH 44119–1330
216.486.6838

THE ROBERTSON BEREAVEMENT CENTER
5075 Windfall Road
Medina, OH 44256
330.725.1900

AMES FAMILY HOSPICE HOUSE
30080 Hospice Way
Westlake, OH 44145–1077
440.414.7349 or 835.281.5727

ASHTABULA OFFICE
1166 Lake Avenue
Ashtabula, OH 44004–2930
440.997.6619

DAVID SIMPSON HOSPICE HOUSE AND LAKESHORE CAMPUS
300 East 185th Street
Cleveland, OH 44119–1330
216.383.2222 or 800.707.8922

HEADQUARTERS
17876 St. Clair Avenue
Cleveland, OH 44110
216.383.2222 or 800.707.8922

HORLAIN COUNTY OFFICE
2173 N. Ridge Road E., Suite H
Lorain, OH 44055–3400
440.787.2080

HMC HOSPICE OF MEDINA COUNTY
5075 Windfall Road
Medina, OH 44256
330.722.4771

WEST CAMPUS
22730 Fairview Center Drive
Fairview Park, OH 44126
216.227.9048

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**Hope for the Holidays**

**SPECIAL** An adult bereavement group providing techniques, dialogue and support for those grieving through the holiday season. **Registration is required.**

**East Campus**

Thursday, November 21, 5 to 6 p.m.
Register by November 18
Lisa Florjancic 440.853.5365

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**Family Movie Night**

**SPECIAL** Please join us for a viewing and short discussion of the movie *Up.* Pizza and snacks will be provided. The movie will start at 6:15 p.m., please arrive early enough to grab food and get settled in.

**West Campus**

Wednesday, October 16, 6 to 8:30 p.m.
Register by October 11
Mary Ellen Jordan 440.414.1737

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**Spousal/Partner Loss**

Monthly support groups for adults who have experienced the death of a spouse, partner, or significant other. Groups are open-ended and on-going. **Registration is not required.**

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**New Beginnings**

**MONTHLY** For adults in middle life.

**West Campus**

Second Wednesday of the month, 6:30 to 8 p.m.
Mary Ellen Jordan 440.414.1737

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**Rainbow Bridge Walk 2019**

**SPECIAL** Animals hold a special place in our hearts. It’s natural to grieve when these treasured friends die. You may bring your current pet on a non-retractable leash. To register or submit a photo for the online tribute visit rainbowbridgewalk.com.

**Sunday, September 15**
Buckeye Woods Park
6335 Wedgewood Road (St. Rte 162)
Medina, OH
Registration starts 12:30 p.m.
Ceremony begins at 1 p.m.

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**New Journey**

**MONTHLY** For adults of any age.

**Ashtabula**
St. Paul’s Lutheran Church
89 East Satin Street, Jefferson
First Thursday of the month, 11 a.m. to 12:30 p.m.
Susan Hamme 440.596.3582

**Lakeshore Campus**
Fourth Thursday of the month, 10 to 11:30 a.m.
Kathryn Harrison Brown 216.486.6331

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**Yoga Matters**

**ONGOING** Give yourself the gift of time and attention. Yoga helps you tune into yourself and take care of your physical, emotional and spiritual needs. **Designed for caregivers and bereaved. Please call 216.486.6838.**

**Lakeshore Campus** Wednesdays, 5:30 to 6:45 p.m.
Fee: $40/month or $12 Drop-in (sliding scale fee available)
Autumn Leaves
What autumn memories do you have of your loved one? Using shapes of real leaves, you’ll create autumn leaves out of paper clay and paint them with watercolors.

Christ Episcopal Church
3445 Warrensville Center Rd, Shaker Heights
Wednesday, September 11, 6 to 8 p.m.
Please note the time.

West Campus
Tuesday, September 17, 6:30 to 8:30 p.m.
The Elisabeth Severance Prentiss Bereavement Center
Thursday, September 19, 6:30 to 8:30 p.m.

Art and Music for Relaxation: Day of the Dead
We’ll explore the traditional Mexican and Latin American celebration of Dia de los Muertos (Day of the Dead). Participants will decorate a small skull (as a representation of the traditional sugar skulls) in memory of loved ones. The skulls will be placed around a traditional altar and attendees will have an opportunity to share memories.

The Elisabeth Severance Prentiss Bereavement Center
Thursday, November 12, 6:30 to 8:30 p.m.

Mandala Plates
At the first session, participants will create their own mandala design and paint both sides of a bisque (unglazed china) dinner plate. The plates will be kiln-fired during the week so we can use them for our potluck meal at the second session, which will be devoted to sharing stories. Bring a favorite food to share.

West Campus
Tuesday, October 15 and 22, 6:30 to 8:30 p.m.
MUST ATTEND BOTH TUESDAYS

Christmas Episcopal Church
3445 Warrensville Center Rd, Shaker Heights
Wednesday, October 16 and 23, 6 to 8 p.m.
Please note the time.
MUST ATTEND BOTH WEDNESDAYS

The Elisabeth Severance Prentiss Bereavement Center
Thursday, October 17 and 24, 6:30 to 8:30 p.m.
MUST ATTEND BOTH THURSDAYS

Holiday Family Night: Revolving Snowflakes
These six-sided paper “kaleidoscopes” are fun to make using winter scenes from greeting cards, or magazine or calendar photos. The completed piece will have four scenes to rotate through! Please bring along scenes of your own or use ours, which should be 5 x 5 inches to fit properly.

Christ Episcopal Church
3445 Warrensville Center Rd, Shaker Heights
Wednesday, December 11, 6:00 to 8:00 p.m.
Please note the time.

West Campus
Tuesday, December 17, 6:30 to 8:30 p.m.

Fabric and Feelings
ON-GOING
A group where participants use fabric techniques such as quilting (sometimes with clothing from loved ones) or photo transfer to create quilts, pillows, dolls and other types of lasting memories.
Sewing expertise is not necessary.

The Elisabeth Severance Prentiss Bereavement Center
Weekly – Thursdays, 2 to 4 p.m.