

JOURNEY OF THE SOUL: OBSERVATIONS ALONG THE WAY

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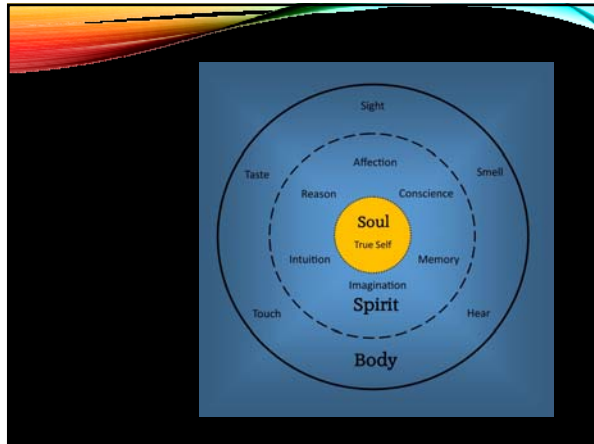
- ## OBJECTIVES
- Identify evidence based practice supporting the patient's experience of visioning and other end-of-life experiences
 - Discuss the barriers to communicating the patient's/family's end-of-life experiences with the interdisciplinary team.
 - Explore ways to integrate these experiences into the Spiritual Domain of the Interdisciplinary Plan of Care

- ## LITERATURE CONSENSUS
- WHEN VISIONING AND END OF LIFE PHENOMENA ARE DISCUSSED AS A NORMAL PART OF END OF LIFE CARE:
- Hope
 - Meaning
 - Connection
 - Personal
 - Powerful
 - Reassuring

- ## COMPARE AND CONTRAST
- | | |
|---|--|
| <ul style="list-style-type: none">• Visioning<ul style="list-style-type: none">• Usually pleasant<ul style="list-style-type: none">• Seeing people significant to them who have died.• Seeing angels• Religious Figures• Travel language | <ul style="list-style-type: none">• Hallucinations<ul style="list-style-type: none">• Usually frightening or unpleasant<ul style="list-style-type: none">• Side effect of medications• Seeing<ul style="list-style-type: none">• Insects• Frightening figures• Fire |
|---|--|

- ## BARRIERS TO COMMUNICATING END-OF-LIFE EXPERIENCES
- Fear of ridicule and judgment
 - Being seen as abnormal
 - Not part of everyday culture

- ## PRESENTER'S PERSONAL HISTORY OF VISIONING
- Childhood Near Death Experience
 - Experience
 - Hospice
 - Healing Touch-energy work



HEBREW TRADITION OF THE SOUL

- Five levels or aspects
 - Nefesh (Soul)
 - The soul as the engine of physical life
 - Ruach (Spirit)
 - The emotional self and "personality"
 - Neshamah (Breath)
 - The intellectual self
 - Chayah (Life)
 - The supra-rational self
 - The seat of will, desire, commitment and faith
 - Yechidah (Singularity)
 - The essence—unity with its source—essence of G-d.

TWO SOULS OR NATURES WITHIN EACH HUMAN

- Animal Soul
 - Driven by the quest for self-preservation and self-enhancement
 - Physical needs
 - Self-focused
- G-dly Soul
 - Driven by the desire to reconnect with it's Source
 - Spiritual aspirations
 - Altruism

JUDEO-CHRISTIAN VIEWS ON REUNION WITH GOD

- Fundamentalist
 - Soul sleeps till return of the Messiah/ Jesus
 - Not all souls reunited with God/Heaven
 - Judaism does not have a Hell.
 - Immortal
- Mainline
 - Soul united with God/loved ones upon death of body
 - Variations on all souls reunited and only some.
 - Heaven, but not all believe in a Hell.
 - Immortal

JUDEO-CHRISTIAN TEXTS

"Before I formed you in the womb, I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations."
– Jeremiah 1:5

"Jesus replied, 'Truly I tell you, Today you will be with me in Paradise.'"
– Luke 23:43

2 Corinthians 4:16-5:9

ISLAMIC TEXTS

"He gives life and causes death, and to Him you shall be brought back." – Quran 10:56

"Every soul must taste death, then to Us you shall be brought back." – Quran 29:57

OTHER TRADITIONS

- Buddhism
 - The Tibetan Book of the Dead
- Hinduism
 - The Brihadaranyaka Upanishad

RELEASE OF THE SOUL



"THE CHILDREN"



"ATHEISTS"

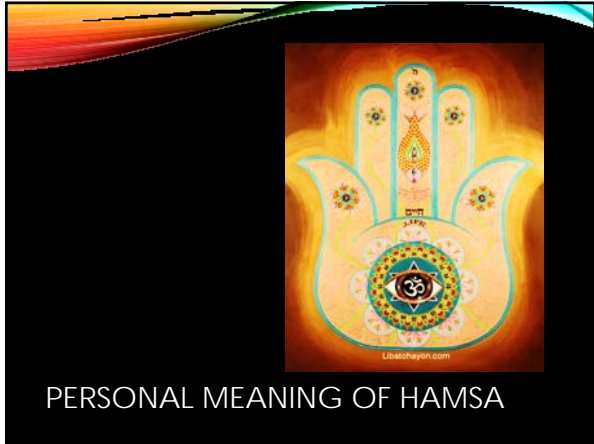


"IS THERE FORGIVENESS?"



AFFIRMATION AND GRATITUDE





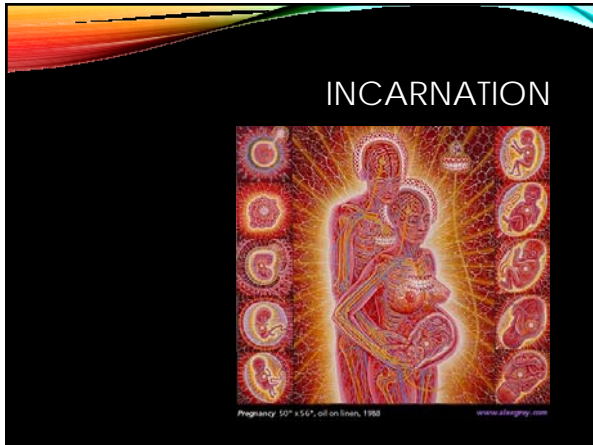
PERSONAL MEANING OF HAMSA



BEFORE CONCEPTION

ENSOULMENT

- Christian, Jewish, Islamic, Buddhist, Hindu views vary widely, as to when the soul enters the fetus, in the process of conception. The main thoughts are anywhere from the time of conception, to 40 days, or as long as 120 days after fertilization.



INCARNATION



ANIMAL AND NATURE SPIRITS

GARY ZUKAV

"The soul is that part of you that existed before you were born and that will exist after you die. It's the highest, most noble part of yourself that you can reach for."

DEEPAK CHOPRA

"The soul is the core of your being. It is eternal. It doesn't exist in space/time. It's a field of infinite possibilities, infinite creativity. It's your internal reference point with which you should always be in touch."

MARIANNE WILLIAMSON

"For me, it's the truth of who we are. The light, the love which is within us goes by different names, but the truth of us. Michelangelo said when he got a statue that he would go to the quarry and get a big piece of marble and the way he imagined it, God had already created the statue and his job was just to get rid of the excess marble. So that's what we're like. Inside is the being that God has already created. Some call it the Christ, the Buddha mind, the Shekinah, the light, the soul. And our job is to get rid of this excess, useless fear, thought forms of the world that actually hide the light of the soul."

LLEWELLYN VAUGHAN-LEE

"The soul is a divine part of our self. It is our divine nature. It is a part of us that is one with God. Everybody has a soul. It is the immortal internal part of ourselves. It never dies. It's immortal. It belongs to God."

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